



## 2025 LEGIT SUPER STOCK RULES

Rule changes and/or amendments in red

These rules are in effect as of January 1st, 2025 through December 31st, 2025

**General Rules of Conduct, Track Technical Inspection, Transponders, & Raceciver's.** It is the responsibility of each Super Stock competitor to read, understand and abide by the Speedways General Track Rules. Any unsportsmanlike conduct by a participant shall be grounds for disqualification and/or punitive action.

**-SAFETY EQUIPMENT:** Rules apply at all times car is on track. Snell-rated SA2005, SA2010, SA2015, SA2020 helmet required. Helmet must accompany driver and racecar at time of inspection. *Fire retardant Roll bar padding is recommended in driver compartment.* SFI-approved full fire suit required. Fire retardant gloves, shoes, and neck brace (or head and neck restraint) required. *Recommended: Fire retardant head sock and underwear, collapsible steering shaft, full containment seat, fire extinguisher or fire suppression system mounted in racecar.* Full-size Driver-side window net required, ribbon or mesh style, and must be mounted securely to roll cage. Minimum two-inch-wide SFI-approved five-point safety belt assembly required, must be mounted securely to main roll cage. *Recommended: Safety belts no more than three years old.* Kill switch required within easy reach of driver and must be clearly marked 'OFF' and 'ON'.

**-APPEARANCE:** All racecars must be numbered with large legible numbers on both sides, on top and on the nose and rear panels. Numbers on the sides of the race car should be in contrasting color from the body and be at least four (4) inches thick and at least eighteen (18) inches high. Top numbers should be at least four (4) inches thick and twenty-four (24) inches high. No profanity allowed on cars. Crate engines indicate crate on the right front window post in 2" legible letters

**-Frame:** Any American OEM full body rear wheel drive passenger car, 1964 or newer full frame or unibody. Johnson Chassis X-Y-G tubular metric frame **will not be allowed.** Must be a minimum of 99" wheelbase. Frame must match body – GM to GM, Ford to Ford, Chrysler to Chrysler etc. and wheelbase to wheelbase. No altered or twisted frames. Frame must be stock to center of rear end (must be stock width, thickness, and location to center of rear end). Straight rear axles only. No independent rear suspension. Frame must match the body make (i.e. metric frame, metric body). Must be stock in all aspects and remain unaltered. Spring must remain in stock location and spring may not protrude above original stock mounting position. Racecar must be same generation frame and body. Uni-body cars must tie rear frame to front frame.

**-WHEELBASE:** Wheelbase must remain stock according to year model and no more than 1" difference from side to side. No cars with OEM wheelbase less than 99" allowed. Wheelbase is measured from center of front hub to center of rear hub on each side with wheels as straight as possible. Either the left or the right-side wheelbase must at least be stock wheelbase for make and model of the car. (when measuring, one side must meet wheelbase and other side must be within one inch plus/minus)

**-ROLL CAGE:** Main cage must consist of continuous hoops, minimum 1.50-inch O.D. tubing, with a minimum wall thickness of 0.095-inch, *low carbon or mild steel recommended.* Four-post roll cage required, front down bars and rear hoop must be welded **directly or indirectly** to OEM frame. Front down bars must be tied together. Driver's head must not protrude outside cage with helmet on. Roll cage must be cross braced. Installation and workmanship must be acceptable to officials. Roll bar connections must be properly welded and gusseted. A minimum of one cross bar in top halo of roll cage is required. Minimum of three door bars in driver's door. Steel door plate with eighteen (18) gauge or forty-nine one-thousandths (.049) inch minimum thickness metal must be securely welded to the driver side door bars. Plate must extend from the top door bar, to the bottom door bar, and must extend front the back to the seat to 6 inches in front of the seat. Must be visible for inspection. May have two bars for protection in front of radiator. Must be located behind the front bumper and within the confines of the body, and may be no wider than stock frame horns. Front horns may be tied together. Aluminum and/or other soft metals are not allowed.

**-DRIVER COMPARTMENT:** Minimum of gravel screen or three windshield bars in front of driver. SFI rated racing seat only, must be bolted in using a minimum of four (4) 0.4375 (7/16) inch bolts. Seat must remain inside all confines of roll cage. Driver must be sealed off from track, driveline, engine, and fuel cell. Kick and rocker panels may be removed. Front OEM firewall may be replaced using steel fabricated full firewall, 18 gauge or minimum 0.049-inch thickness. OEM floor pan may be replaced using steel fabricated floor pan, 18 gauge or minimum 0.049-inch thickness, securely welded to frame. Floor pan may be replaced from front firewall to rear halo supports. Must remain flat/OEM appearing from frame rail to frame rail, can be no higher or lower than frame rail. Exception is maximum eight-inch-tall driveshaft tunnel. Tunnel must remain similar to OEM tunnel in size. Full rear firewall may be aluminum or steel and may be located no further forward than rear halo supports and no higher than bottom of rear opera windows. All holes in firewalls must be covered with metal. No driver-adjustable devices allowed while car is in competition except brake adjuster. No mirrors. **If interior compartment is a "closed cockpit" (driver is sealed off from track and other parts of car utilizing fabricated tub) no full firewall or full floor pan is required.**

**-SUSPENSION:** GM must run GM suspensions, Ford on Ford, etc.

**-FRONT SUSPENSION:** Upper control arm (a-arm) may be replaced with tubular, non-adjustable, all-steel upper control arm. Upper control arm cross shaft may be aluminum. No other aluminum allowed. Front lower control arms must be unaltered OEM or OEM style non-tubular, non-adjustable approved aftermarket direct replacement for frame used, on stock mounts, in stock location. Weight jacks allowed in original centerline of spring tower. OEM upper a-frame mount may be moved or replaced with aftermarket steel mount matching upper A-frame bolt

on design. Ball joints must be OEM or OEM replacement and non-adjustable; bolt in, screw in, press in ok (may be welded for safety but must not be relocated). Speedway Motors 3 pc. Spindle allowed. No other aftermarket spindles allowed. OEM spindles allowed. Offset or bearing-type front lower A-frame bushings are not allowed. Mono-ball or heim-style bushings are not allowed. One-piece steel, rubber, polyurethane, or nylon bushings only. Inner steel sleeve in bushing must be present. Forward and backward movement in bushing is not allowed. Shock location may be moved to go through center of aftermarket upper A-frame; maximum one, six-inch-wide opening on side of spring tower for shock clearance. Non-adjustable welded shock mounts only. Single hole shock mounts only. Suspension mounts must remain OEM and in OEM location, Exception: Upper A-frame mount may be relocated on chassis. If running sway bar, must run OEM sway bar in OEM location. **Bump Stops Allowed. Tether chains are allowed. Chain must be mounted from lower A-frame to frame or cage and mounted vertically. Rubber biscuits or chain dampening devices are not allowed on chains.**

**-REAR SUSPENSION:** Suspension must remain in stock position on chassis. Stock length aftermarket trailing arms with stock style bushings required, No mono-balls. **All trailing arms and bushings must be in working order.** Trailing arm bracket must be in stock location on chassis and trailing arm mounting bolt and hole must be of same size and remain eccentric in motion. Farthest trailing arm bracket mount holes on rear end must be 3.5" or less from rear end tubes to center of bolts, must be mounted same on both sides. Rear weight jack bolts allowed, rigid adjustable buckets ok. (No swivels). No torque absorbing devices and no double shocks. Torque arms allowed only on cars that came out with them and must remain stock dimension and stock mounting. No suspension stops of any kind allowed. Maximum rear spring height is 16" and must be mounted directly on original type spring perch or weight jack. Up to 1" rear spring spacers allowed. Leaf Spring cars will be allowed to relocate front spring mounting location but must remain stock spring length, stock total wheelbase and no more than 1" difference in left to right wheelbase. Leaf spring cars may use adjustable rear shackles or sliders. **Tether chains are allowed. Chain must be mounted from top of axle tube to frame or cage and mounted vertically and solid. Rubber biscuits or chain dampening devices are not allowed on chains.**

**-STEERING:** Steering box must be OEM or Sweet style and remain within original bolt pattern for type of frame used. May be modified to suit driver, but must remain on left side of cockpit (no center steering). Removable steering wheel and steering quickner allowed. Plastic couplings are not allowed. OEM rack and pinion steering allowed if car was originally equipped. No aftermarket rack and pinion units. Steering components must be steel and stock in length and dimension. Heim joints and swedge tubes are allowed as replacements for outer tie rod ends. Inner tie rod ends must be OEM style. Cast OEM center link and **Adjustable Center links allowed.**

**-SHOCKS:** One steel non-adjustable unaltered shock per wheel. No bump stops (internal or external). All shocks must completely collapse into shock body at any time. No air, remote reservoir, bulb type, or Schrader valve shocks allowed. All shocks must move in both directions at least 1 inch from it's installed position and measured at ride height. Shock cannot preload the spring. Front shocks must be mounted on rigid, non-adjustable mounts with one shock mounting hole. **Front Inboard stock mount shocks** may be adjusted up or down a total of 2" to keep shaft from bottoming out in body (example: 1" top and 1" bottom = 2" total). Shock shaft must move in both directions at least 1" from its installed position and measured at ride height. **Front outboard shocks:** Outboard mounted front shocks must be mounted rigid. Non-adjustable welded mounts with 1 bolt hole per mount. **Rear Shocks:** Rear shocks may use adjusters or be on adjustable mounts

**-SPRINGS:** Steel springs only. **Stack springs ok.** No Helix springs. **Maximum rear single spring height 20"**. Spring rubbers are allowed.

**-REAR END:** Rear end may be locked, 8-inch or 9-inch Ford may be used on all car makes. Floater rear ends are allowed. No traction control devices. No ratchet rear ends or torque dividing differentials. No cambered rear ends allowed. **No lead bolted to rearend. May use heavy axle tubes.**

**Optional: Quick Change Rearend. Must have steel tubes. Heavy axle tubes allowed. Bolt on brackets must keep OEM dimensions. Bolt on control arm bracket top must have a minimum of one(1) tack weld. Quick change gears cannot be lightened. Minimum of one (1) inch spur gear. Must run 10" ring gear.**

**-TIRES:** Must use either Hoosier 10" asphalt take-offs (10.0/27.0 0-15) or Hoosier 10" #36108 10.0/27/0-15 H500. Tire must match wheel width. Tires must durometer minimum 50 cold and 47 hot. Grooving and/or sipping is permitted. All sidewall markings must remain visible at all times. Buffing and removing of the compound designations is not allowed.

**-TIRE TESTING PROCEDURES:** All tires must "Cold" durometer a minimum of 50 prior to race during inspection, no tolerance allowed. All tires must "Hot" durometer a minimum of 47 after race during inspection, no tolerance allowed. Any tire out of tolerance will result in a disqualification for that race.

**-WHEELS:** Must be fifteen (15) inches in diameter and ten (10) inches in width. Must use a certified racing wheel. **A steel bead lock may be used on any wheel.** Mud plugs and wheel covers are allowed on any wheel. Must have steel 1" lug nuts and 5/8" studs on all 4 wheels. Spacer, adaptor or offset wheel combination is permitted, No more than 2" total spacing from hub. Three tabs of no more than 2 inches long each may be welded onto the wheel for mounting of mud cap. Bleeder valves are not allowed. No Wide-5's.

**-BRAKES:** Must be operating on all four wheels and must lock up all four wheels during inspection. Must have caliper and rotor on all four wheels. Must be stock/cast type calipers with stock piston diameter. No aluminum calipers. No electronic brake actuators of any kind are allowed. Must be OEM operative four wheel drum or disc brake combination. Stock rotors only. Scalloped rotors are not allowed. Rotors may not be lightened. Floating brakes are not allowed. Brake lines must be outside frame rails and visible. Brake shut-off and/or pressure sensitive devices are not allowed. One brake bias bar (front to rear only) is permitted. Must maintain minimum OEM dimensions for hubs, rotors, and calipers.

**-EXHAUST AND MUFFLERS:** Must be mounted in such a way as to direct spent gases away from cockpit of vehicle and away from area of possible fuel spillage. Use of mufflers is recommended. 'Zoomies' and/or 180-degree headers are not allowed. Exhaust pipes must extend to and connect with one (1) collector at least 4 inches long. Must remain dual exhaust, no crossover or "Y" pipes.

**-COOLING SYSTEM:** Aluminum water pumps are permitted. Colling System may be modified. Sprinkler systems are not allowed. One (1) radiator and transmission cooler is allowed and must be mounted under the hood and in front of engine (aluminum allowed). Overflow tubes must be directed to ground, between frame rails. Accumulators and Accusumps must be mounted in the middle of the racecar or behind the driver, but not on door bars. Top flow air cleaner housings are permitted. Cold air boxes and/or cleaner ductwork is not allowed. Marine-type engine components are not allowed.

**-FUEL SYSTEM:** Automotive gasoline, racing gasoline or E85 is permitted (no E98). No Methanol fuel allowed. No performance enhancing scented additives. Fuel must pass both dielectric meter and chemical tests. Oxygenated fuel is not allowed. Upper cylinder lubricants are not allowed. Mechanical OEM type fuel pumps only. *Fuel shut-off recommended.* Electric fuel pumps are not allowed.

**-FUEL CELL:** Must be SFI rated, commercially manufactured. Boat and/or stock automotive fuel tanks are not allowed. Must be securely fastened inside trunk of race car and mounted by at least two (2) eighth inch (1/8") solid steel straps which are two (2) inches wide around the fuel cell and above the level of stock trunk floor. Must be in steel container. Firewall must be between driver and fuel cell. All mounts must be made of steel and attached to frame or roll cage. Must have check valves. A ball-type, flapper, spring, or filler rollover valve is mandatory for fuel cells without a positive seal filler neck/cap system. Fuel lines passing through the cockpit must be enclosed in metal pipe or metal conduit. Fuel filters are not allowed in cockpit.

**-BATTERY/STARTER:** One 12 volt battery only. No lithium batteries. Must be securely mounted between and above top of frame rails, and positive terminal must be covered. Battery must be in Marine type case if mounted in driver compartment. Starter must bolt in OEM location. Car must have capability of starting without being pushed or pulled. Car is expected to leave initial staging area on demand or unaided.

**-GAUGES/ELECTRONICS:** No cell phones, unapproved cameras, transmitting or listening devices (exception: one-way Raceciever radio by officials), timing retard controls, or digital gauges. No electronic monitoring computer devices capable of storing or transmitting information except memory recall analog tach. Aftermarket or OEM Distributors allowed. No adjustable timing control or magnetos allowed. One MSD 6AL PN#6425, OR MSD 6CT PN#6427 Box allowed. Aftermarket ignition module and coil allowed. Track may confiscate and exchange MSD box at any time. Magnetos and/or crank-triggered ignitions are not allowed. No more than one(1) coil may be used. Kill switch required within easy reach of the driver. The switch must be clearly marked "off" and "on". Ignition box must be out of reach of driver. Digital gauges are not allowed. OEM type alternator with internal regulator allowed. No electronic traction control devices.

**-ENGINES:** GM frame must run GM engine, Ford on Ford, etc. **Number one spark plug hole** must be even or in front of installed left upper ball joint. Oil pump must be in stock location and OEM.

**-ENGINE OPTION 1 – STANDARD ENGINE:** Steel blocks only. Must be able to be used in a conventional passenger car without alteration. 23-degree cast iron heads only. Aluminum intake allowed. Headers allowed. No Tri-Y headers. Tip of number one spark plug must be even or in front of installed upper ball joint. Oil Pump must be in stock location and OEM. No dry sump systems. Exhaust system and/or mufflers must be mounted in such a way as to direct spent gases away from the cockpit. If using and engine block that has been lightened, or with external machining of block or heads, must add 25 lbs. in front of the motor plate. (Rev limit rule may be added during season or future if needed).

**-ENGINE OPTION 2 – CRATE ENGINE:** CRATE Engine, GM Performance Parts (GPP) factory sealed CT400 Chevy small block crate engine (part no. 88958604). Must be unaltered and sealed from factory at appropriate points (intake, head, timing chain cover, and oil pan) with approved GPP break-off bolts. **ONLY** GM Performance Crate Motor Specs will be followed during technical inspections. Any altered, damaged, or missing GPP break-off bolts will result in driver being disqualified from that event, loss of all track points accumulated up to, and including, the date of offense, a \$1,000 fine and a one-year suspension from all events. May utilize one (1) **4150 series** Holley 4-barrell carburetor. Use of spacer between carburetor and intake is optional, but must be no more than 1-inch thick if used and may not be throttle bore adjustable. Aerosol carburetors are not permitted. Any driver using a "Standard" engine with a "Crate" sticker will be disqualified. Must utilize a maximum 6800 RPM rev limiter. (rev limit may be subject to changes if needed) Rev limiter may not be within reach of driver while in cockpit and must be easily accessible to officials at any time.

**-CARBURETOR:** Maximum one-inch spacer plate is permitted under carburetor. Distance between bottom of carburetor and top of intake manifold cannot exceed one and one-quarter (1.25) inches. Spacer thickness must remain the same front to back and side to side. No aerosol type carburetors allowed. No remotely adjustable spacer/adaptor plate between carburetor and intake manifold. Cars utilizing engine option #1-Standard Engine- must use Holley 4412 gauge legal 500 cfm 2-barrel carburetor (1 11/16" throttle bore max. 1 3/8" venturi max). Carb **MUST** pass all top and bottom "go/no-go" gauges (boosters included). All air must pass through carburetor venturi to engine. Engine option #2-sealed crate engines-may use 4-barrel **4150** as stated in the rules. **XP and HP 500cfm are allowed.**

**-TRANSMISSION & CLUTCH:** Approved aftermarket transmissions (Bert, Brinn, Falcon, RaceGator, and Mitchell Machine Bullet Tranny) with internal or external clutch allowed with all engine options listed. If using aftermarket transmission, must add 25 lbs. in transmission area on frame, between frame rails, behind engine plate, and in front of tail of transmission tail shaft. *This weight must be painted orange with car # to signify aftermarket transmission.* NO BALL SPLINE TYPE ALLOWED. OEM three-speed, four-speed, and automatic production-types are permitted without 25 lb. weight addition. Automatic transmissions must remain in OEM stock appearing automatic case with a functioning stock appearing pump. "In and Out" boxes are not allowed. May all be clutch-operated or an OEM automatic with a coupler. May use a hand or clutch pedal operated ball valve for neutral. Clutch must be inside of bell housing for OEM production-type transmissions. Internal clutches are not allowed except for approved aftermarket transmissions. One (1) forward gear and one (1) reverse gear must be in working order, plus a neutral position, and must be able to be shifted by driver. Aluminum flywheel is permitted. Must have full-sized SFI approved explosion proof, aluminum or steel bell housing. Aluminum must be SFI approved (Note: GM bell housing is not SFI approved). Flywheel must bolt to crankshaft. Clutch must bolt to flywheel and clutch must be workable. Mini clutch is allowed. Automatic and aftermarket transmissions must have a guard

two-hundred seventy (270) degrees around flex plate or flywheel and must be constructed of at least one-quarter (.25) inch steel. Alternatively, automatic and/or aftermarket transmissions may utilize an SFI-certified aftermarket guard. Flex plates must be SFI certified. With engine running and racecar in stationary position, driver must be able to engage racecar in gear and then move forward and then backward at time of inspection.

**-DRIVESHAFT:** Minimum 2-inch diameter steel drive shaft. Must painted white and made of steel. A safety loop is required at front half of drive shaft. Alternatively, 2 loops of 1/4-inch by 1-inch solid steel fastened to cross member are allowed. Yokes must be made of steel. No aluminum or carbon fiber driveshafts allowed. **Optional Carbon fiber driveshaft is permitted but must be white and a minimum of three(3) inches in diameter. Aluminum yokes are permitted with carbon fiber driveshaft.**

**-STATION WAGON BODY:** Full size wagons only. Floor pan complete to rear yoke. No spoiler allowed. Interior deck max 40". B-post side panels must be open and resemble OEM windows stock dimension and appearance. Roof must stop 6" short of rear deck. 108" wheelbase minimum. No dishing or ramping of interior deck. All other Super Stock rules apply.

**-CAR BODY:** Any model rear wheel drive American made production car. All cars and bodies must be stock appearing. Bodies must be squared up on the frame (front to rear and side to side). (May use older nostalgic body on 1967 or newer frame). No flat late model or modified style roofs. Roof must be OEM style. May be fiberglass or aluminum. A & B pillars must be OEM style. Fenders, doors, and lower rear quarter panels may be aluminum but must maintain original body line contour and remain stock appearing. No slab side bodies. Must have minimum 14" window openings on both sides of car. Cars may use aftermarket nosepiece and tailpiece but must remain stock appearing for car make and model. No wedge noses. Plastic front nose sides allowed, must not extend past center of front wheel well. Flare may not protrude more than 2-inches outward or above the standard contour of OEM fender. Rear of car must be enclosed from frame rail to frame rail and deck to bumper with panel; Panel must be solid with no holes or louvers, minimum width of forty (40) inches wide. Panel must be mounted vertically with no slope or angle. Taillight area may be left open. Minimum 1 1/4-inch diameter tube front bumper will be allowed with aftermarket nose, but must remain behind nose piece and attach at original position. No mirrors or reflecting devices of any kind. All glass, chrome, trim, moldings, etc. must be removed. Windshield must be removed and replaced with a gravel screen or minimum three (3) windshield bars in front of driver. Gutting of inside panels and front inner fenders will be allowed. All doors must be bolted or welded shut. Trunk lid must be secured. Maximum 6-inch high spoiler allowed no wider than the body. Spoiler may be braced on both ends and have one center brace no more than 6-inches high and 12-inches long. The maximum height from the ground to the top of the rear deck at the top of the rear quarter panel is forty-two inches.

#### **POWRi Super Stock body Diagram Measurements:**

A – 8" Max Hood drop from Cowl to Front Fender.

B – 50" Max Center of Front Hub to Nose

C – 70" Max width outside of Door tops measured at Driver's seat.

D – 70" Max Spoiler width

E – 36" Minimum 48" Max center Rear Hub to Rear Bumper.

F – 5" Max Fender or Hood Bubble.

G – 80" Max overall Body width

H – 1" Minimum outward Body curvature. (No flat sides, no dished sides)

I – 42" Max Deck at rear.

J – 48" Max top of spoiler.

K – 7" Max Spoiler side height

L – 12" Max Spoiler side length

M – 40" Minimum width rear panel (No holes or louvers)

**-WEIGHT:** The minimum overall weight for **Engine Option 1 (Standard Engine)** will be three-thousand (3,000) pounds. The minimum overall weight for **Engine Option 2 (Crate Engine)** will be two-thousand eight hundred (2800) pounds. These weights apply to all cars. The overall weight of the racecar shall be measured at the conclusion of an event with the driver in the cockpit, wearing complete racing apparel.

**-BALLAST:** No un-sprung weight allowed anywhere on the car. No titanium, magnesium, carbon fiber, or tungsten products. Ballasts may not be mounted in cockpit, or outside of body or hood area. Must be securely mounted "**MUST BE**" painted white and clearly marked with the car number. Must be attached with at least two (2) one-half (1/2) inch bolts. May not be attached to rear bumper. Any car with ballast that is not painted white, does not have car number, and is not securely mounted will be subject to disqualification.

**-EIRI:** (Except In Rare Instances) Decisions of Track Officials are final and binding without exception. In some cases, track safety rules may take precedence.

# SUPER STOCK BODY DIMENSIONS

